



MENU - APRIL 2024

Note: Chef's Special Meals, Royal Meals & Vegetarian Meals include 1 Vegetable and 1 Salad, or 2 Salads

Chef's Special Meals, Royal Meals and Vegetarian Meals include a choice of Tea, Coffee or Fruit Nectar with each meal

		Chef's Special Meal: R61,60	Royal Meal: R54,50	Vegetarian Meal: R41,50	Salad	Salad	Dessert
01 Apr	Monday	Curried Beef Mince served with Brown Rice, Creamed Spinach & Salad	Pork Sausages with Mashed Potato served with Creamed Spinach & Salad	Lentil and Mushroom Tart served with Creamed Spinach & Salad	Apple & Nut Salad	Carrot & Raisin Salad	
02 Apr	Tuesday	Pork Fillet in a Pineapple Sauce served with Basmati Rice, Sautéed Green Beans & Salad	Chicken Stir Fry with Basmati Rice, Sautéed Green Beans & Salad	Vegetable Stir Fry with Basmati Rice, Green Beans & Salad	Watermelon & Feta Salad	Herbed Butternut Salad	
03 Apr	Wednesday	Mutton Casserole served with White Rice, Gem Squash & Salad	BBQ Roasted Chicken Thigh, Herb Mashed Potato served with Gem Squash & Salad	Vegetable Casserole with Lentils Served with White Rice, Gem Squash & Salad	French Salad with Sautéed Peppers	Curried Bean Salad	Crème Brûlée
04 Apr	Thursday	Chicken Biryani served with Rice, Chutney, Baby Marrows & Salad	Greek Beef Moussaka served with Rice, Baby Marrows & Salad	Lentil Moussaka served with Baby Marrows & Salad	Greek Salad	Broccoli & Tomato Vinaigrette salad	
05 Apr	Friday	BBQ Tenderised Steak served with Potato Chips, Broccoli au Gratin and Salad	Deep Fried Battered Hake Fillet served with Potato Chips, Tartare Sauce & Lemon Wedge. Broccoli au Gratin and Salad	Creamy Macaroni Cheese with Onions and Mushrooms, served with Broccoli au Gratin and Salad	Fruity Green Salad	Caprese Corn Salad	
06 Apr	Saturday	BRUNCH BUFFET - R67,50	Bacon, Pork Sausage OR Mince, Mushrooms, Grilled Tomato, Fried Onion, Sautéed Garlic Potato Blocks, Fried OR Scrambled Eggs, Toast & Condiments		Fruit Salad, Flavoured OR Plain Yoghurt, Muesli OR Corn Flakes OR Bran Flakes		Juice and Coffee OR Tea.
		Sunday Carvery: R80,90			Vegetarian Meal: R54,50		
07 Apr	Sunday	Slow Cooked Pork Roast served with Apple Sauce, Black Pepper Roast Beef with a Red Wine Gravy, Lemon & Herb Roast Chicken served with Roast Potatoes, Roast Vegetables, Minted Peas & Salad		Baked Polenta Squares with Cheesy Aubergine, Rocket and Parmesan Shavings served with Roast Vegetables, Minted Peas & Salad	Build Your Own Salad		Malva Pudding & Custard



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08 Apr	Monday	Apricot Roast Chicken served with Baby Potatoes, Spring Vegetables and Salad	Beef Mince Lasagne served with Spring Vegetables and Salad	Vegetable & Lentil Lasagne served with Spring Vegetables and Salad	French Salad	Watermelon & Feta Salad	
09 Apr	Tuesday	Cape Malay Mutton Curry, Yellow Rice, Mixed Vegetables & Salad	Chicken á la King with Mashed Potato, Mixed Vegetables & Salad	Cape Malay Plant-based (Soya) Curry Mince & Rice, Mixed Vegetables & Salad	Tomato, Cucumber & Coriander Salsa	Waldorf Salad	
10 Apr	Wednesday	Slow-cooked Beef Brisket in a BBQ Sauce served with a Baked Jacket Potato, Broccoli au Gratin & Salad	Pesto & Lemon Chicken with a Baked Jacket Potato, Broccoli au Gratin & Salad	Lentil Bolognese in a Baked Jacket Potato with Broccoli au Gratin & Salad	Greek Salad	Tomato, Pineapple & Basil Salad	Baked Cinnamon Apple with Ice Cream
11 Apr	Thursday	Lamb Neck Casserole served with White Rice, Roast Vegetables and Salad	Pork Goujons served with White Rice, Lemon Butter, Tartare Sauce, Roast Vegetables and Salad	Homemade Spanakopita served with Lemon Butter, Roast Vegetables and Salad	Carrot & Raisin Salad	Cous Cous & Peach Salad	
12 Apr	Friday	Crumbed Chicken served with Freshly-cut Chips, 1000 Island Sauce, Ratatouille & Salad	Grilled Hake served with Freshly-cut Chips, Tartare Sauce & Lemon Wedge, Ratatouille & Salad	Cottage Cheese & Chive Jacket Potato, Ratatouille & Salad	Asian Coleslaw	3 Bean Salad	
13 Apr	Saturday	BRUNCH BUFFET - R67,50	Bacon, Pork Sausage OR Chicken Livers, Grilled Tomato, Fried Onion, Baked Beans, Hash Brown, Plain Omelette, Toast & Condiments		Fruit Salad, Flavoured OR Plain Yoghurt, Muesli OR Corn Flakes OR Bran Flakes		Juice and Coffee OR Tea.
		Sunday Carvery: R80,90			Vegetarian Meal: R54,50		
14 Apr	Sunday	Pork Roast with Pickled Onion and Apple Cider Jus/Black Pepper and Mustard Sirloin/Rosemary Chicken served with Yorkshire Pudding, Farm-style Roasted Potatoes and Roasted Mixed Vegetables, Broccoli au Gratin & Salad		Lentils with Spinach & Mushroom Cannelloni served with Roast Mix Vegetables, Broccoli au Gratin & Salad	Harvest Salad		Ice Cream and Chocolate Sauce



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15 Apr	Monday	Chicken Cordon Bleu served with Mushroom Sauce, Savoury Rice served with Baby Marrow and Salad	Classic Beef Cottage Pie served with Baby Marrow and Salad	Grilled Vegetarian Schnitzel served with Savoury Rice, Baby Marrow and Salad	Waldorf Salad	French Salad	
16 Apr	Tuesday	Braised Slow Cooked Beef Short rib Casserole Served with Mashed Potato, Peas & Salad	Chicken Casserole with Lentil and Olive Served with Mashed Potato, Peas & Salad	Spanish Braised Lentils with Olive and Lemon Bake with Mashed Potato, Peas and Salad	Roast Cauliflower with Basil Pesto	Green Salad	
17 Apr	Wednesday	Pork and Vegetables Pot Pie served with Buttered Green Beans and Salad	Creamy Garlic Chicken Lasagne served with Buttered Green Beans and Salad	Sweet Potato and Feta Bake served with Buttered Green Beans and Salad	Roast Garlic Tomato & Rocket Salad drizzled with Creamy Salad Dressing	Beetroot & Chutney Salad	Fruit Yoghurt Fridge Tart
18 Apr	Thursday	Chicken Schnitzel served with Basmati Rice, Sweet Orange Butternut and Salad	Stuffed Cabbage Leaf with Savoury Mince & Basil Tomato Sauce, served with Basmati Rice, Sweet Orange Butternut and Salad	Veggie Cottage Pie served with Sweet Orange Butternut and Salad	Butterbean Salad	Mediterranean Salad	
19 Apr	Friday	Beef & Cheese Burger served with Potato Wedges, Crumbed Onion Rings & Salad	Battered Hake Fillet served with Potato Wedges, Crumbed Onion Rings, Tartare Sauce, Lemon and Herb Butter & Salad	Zucchini Tomato Bake served with Potato Wedges and Salad	Sweet Chilli Beetroot & Coriander Salad	Greek Salad	
20 Apr	Saturday	BRUNCH BUFFET - R67,50	Bacon, Pork Sausage OR Wors, Mushrooms, Fried Onion, Grilled Tomato, Sautéed Garlic Potato Blocks, Fried OR Scrambled Eggs, Toast & Condiments		Fruit Salad, Flavoured OR Plain Yoghurt, Muesli OR Corn Flakes OR Bran Flakes		Juice and Coffee OR Tea.
		Sunday Carvery: R 80,90			Vegetarian Meal: R54,50		
21 Apr	Sunday	Rosemary Roast Beef with Red Wine Gravy/Slow Cooked Sticky Pork Belly with Pineapple Gravy, Paprika Roast Chicken served with Candied Yams with Honey and Brown Sugar, Ratatouille and Salad	Quiche with Roast Peppers, Mushroom and Cheese, served with Ratatouille and Salad		Build Your Own Salad		Waffle & Ice Cream



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22 Apr	Monday	Chicken in Dijon-Tarragon Cream served with Coriander Rice, Savoury Carrots with Dill Butter and Salad	Meatballs with Linguine served with Parmesan Cheese, Savoury Carrots with Dill Butter and Salad	Soya-based Strips with Linguine served with Parmesan Cheese, Savoury Carrots with Dill Butter and Salad	Greek Salad	Broccoli & Bacon Bits Salad	
23 Apr	Tuesday	Beef Stroganoff with Penne served with Savoury Spinach & Salad	Butter Chicken served with Rice, Savoury Spinach & Salad	Vegetable Stroganoff with Bell Peppers & Mushrooms served with Rice, Savoury Spinach & Salad	Melon Salad	Red Cabbage Slaw with Pineapple	
24 Apr	Wednesday	Mutton Breyani with Rice served with Country Mix Veg & Salad	Homemade Crumbed Chicken Thigh with Mashed Potato, served with Country Mix Veg & Salad	Falafal with Tzatziki & Pita bread served with Country Mix Veg & Salad	Creamy Potato Salad	Carrot & Pineapple Salad	Jelly Whip with Custard
25 Apr	Thursday	Pork Stew with Dumplings served with Braised Cabbage & Salad	Chicken & Bean Ragout with Dumplings, served with Braised Cabbage & Salad	Bean casserole & Sweet Potato served with Braised Cabbage & Salad	Mixed Bean , Chickpea & Cucumber Salad	Greek Salad	
26 Apr	Friday	Pepper Pulled Beef Pie with Potato Wedges served with Warm Herbed Beetroot & Salad	Crumbed Fried Hake with Potato Wedges served with Warm Herbed Beetroot & Salad	Vegetable Alfredo with Penne served with Warm Herbed Beetroot & Salad	Fruity Green Salad	Rosemary Pumpkin & Feta Salad	
27 Apr	Saturday	BRUNCH BUFFET - R67,50	Bacon, Pork Sausage OR Burger Patty, Baked Beans, Fried Onion, Grilled Tomato, Sauteed Garlic Potato Block, Cheese Omelette, Toast & Condiments		Fruit salad, Flavoured OR Plain Yoghurt, Muesli OR Corn Flakes OR Bran Flakes		Juice and Coffee OR Tea.
		Sunday Carvery: R 80,90			Vegetarian Meal: R54,50		
28 Apr	Sunday	Honey-glazed Roast Gammon with Apple Sauce/BBQ Roast Beef & Rosemary/Roast Chicken with Roast Baby Potatoes, Creamy Cauliflower, Savoury Green Beans & Salad		Vegetable Lasagne with Lentils, Creamy Cauliflower, Savoury Green Beans & Salad	Harvest Salad		Cinnamon Stewed Fruit & Custard



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29 Apr	Monday	Pork Stew & Tagliatelli served with Baby Marrow & Salad	Curried Mince & Rice served with Baby Marrow & Salad	Vegetable & Red Kidney Bean Stew with Rice, Baby Marrow & Salad	Yoghurt & Cucumber Salad	Chef's Salad with Croutons	
30 Apr	Tuesday	Grilled Citrus & Honey -glazed Chuck with Coriander Baby Potatoes, Pumpkin & Salad	Chicken & Mushroom Pie served with Pumpkin & Salad	Cherry Tomato, Basil & Mozzarella Flatbread served with Pumpkin & Salad	Red Cabbage & Sweet Potato Salad	Hawaiian Green Salad	