

## March Happenings Edition

### The Irish Evening



**Above:** Instructor Sue Theron and some of the dancers.

The Irish evening (31 March) was the first big event after the COVID-19 regulations had been relaxed and, boy, was this event a sizzler. It commenced with a display of Irish dancing by members of the Duncan Studio of Celtic Dance and it was a fantastic show of the young performers' prowess.

This was especially so with the lead soloists. I was sitting in front, when one, Anatasia Strouthos, approached our table. She gave a series of amazingly high kicks so close to myself and the table, that I thought she would connect with the table or perhaps even myself. But she clearly knew what she was about and timed herself perfectly. I unfortunately did not get a photo of her kicking, so the photo of her on the extreme left has to suffice.

After the dancing was over, it was the turn of the band, a two man and a woman Irish music outfit, the Wild Rovers. They provided the music to an enraptured audience. Then Glanville Craig gave us an exhibition of his moves and it was all downhill after that.

As everyone got into the swing of things, there was audience participation in the singing, and dancing.

The partying only stopped at half-past-ten that night!

In all, it was a splendid antidote to the long period of COVID and lockdown, and one which the participants clearly relished. 🐾

*James Halley*



**Above:** Anatasia Strouthos, dancer supreme.



**Above:** from l to r: Yvonne Mouton, Maria de Bruin, Audrey and Caron Freylinck.

*There are more photographs of this and other big March events in the electronic edition with bonus pages!*





*Dear Friends.*

### What it takes to Bring You Your Olive Branch Every Month

Have you ever given a thought of what it takes to have your Olive Branch delivered to you every month?

It takes several processes to produce this newsletter and your editorial committee has to make sure that all these processes are done timeously and properly to bring you your "monthly masterpiece".

Firstly, we need articles: lots of articles. These are not always submitted in great numbers by the residents. This makes our task more challenging and we have to do some sourcing ourselves. Its not a big deal, but a lot of time and thought goes into it.

Next, the articles are checked and proofread by our proofreaders Frank Peachey, Jacqui Kruger and Elaine Little. (Juanita le Roux assists us as proofreader for Afrikaans articles.)

A proofreader has a very important job. They must read manuscripts before they are typeset to find and correct

mistakes. They also read original copies of a manuscript against a typeset proof to catch typing mistakes.

The next step is carried out by our desktop publisher, James Halley, who has done an amazing job so far, arranging text and images to create a pleasing layout for readers.

I, the editor, coordinate each element of the process.

Around the 25th of each month the PDF file is sent to our printer, André, who then starts the process of compiling the PDF into an appropriate newspaper.

We rely on advertising which is often quite difficult to come by. Unfortunately, one cannot persuade outside advertisers to support a publication with such a relatively small circulation. So if you know of anyone who would like to advertise their services in the Olive Branch, kindly forward their details on to me at [angeliquemr50@gmail.com](mailto:angeliquemr50@gmail.com)

As you know, villagers offering services within ORV are afforded the opportunity to advertise such services in the classified section of the Olive Branch for a small fee of R15.00.

We are appealing to all residents to submit articles of general interest to our villagers.

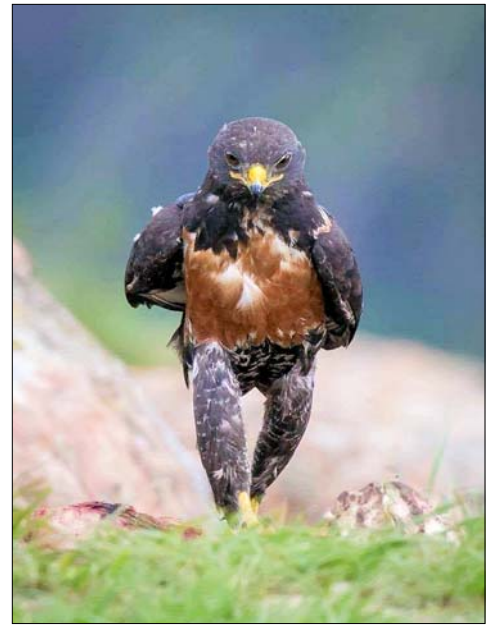
We have such a wealth of interesting and talented people living in our village and we would love to hear from you or about you.

We are looking forward to reading your submissions, either via the above email address, or typed or handwritten articles which may be handed in at reception desk for the editor's attention. We also would welcome your photos of functions and events.

Wishing you a Happy Easter,

**Angie Moir** 🐰

## The Strutting Hawk



*Used by kind permission*

This photo was taken by Clint Ralph, the son of well-known resident and proud father, George Ralph.

It comes from the Facebook group, *Wilder Move*, where it is described as follows: "Photographer Clint Ralph spotted a hawk walking like soldier in search of food. Wow!." It certainly looks it.

However, another spoilsport posting points out that its dinner with bones is directly in front of it, and that hawks take a few steps after landing. This is what is so aptly captured by Clint. 🐰



From the  
Editor's desk

## The Birthday Tea

The birthday tea afternoon was held in the dining room on 26 March and was a great success with many new faces amongst those gathered there.

Pride of place went to Yvonne Magic, who turned 90 in March. She is shown cutting the cake in the photo on the right (with Val Pearse).

She doesn't look a day older than sixteen, not so? 🐰

*There are more pictures in the electronic edition's bonus pages.*



*Fanie Kruger was spotted out running. Isn't he amazing? He looks super fit, doesn't he? All power to you, Fanie. May you continue to run like this forever! You are truly blessed! 🐰*



# Latitude

## Tile & Decor cc

Cladding • Slate • Sandstone • Travertine  
Porcelain • Glass Tiles • Mosaics • Borders

363 Ontdekkers Road, Florida Park  
Tel: (011) 675 6881 • Fax: (011) 675 6883  
Lettie Taljaard: 084 233 4243  
Bianca Viljoen: 084 250 4426

Email: [bianca@latitudedecor.co.za](mailto:bianca@latitudedecor.co.za)  
[www.latitudedecor.co.za](http://www.latitudedecor.co.za)





# More March in the Village: Saint Patrick's Day



**Above:** Joan Dixon, of the big smile (left), and Merle Hensman (right).



**Above:** James Halley, with Lesley Fox.



**Above:** King Nam taking no chances with COVID still around.



**Above:** Franci Rossouw, Kathy Odendaal and the ubiquitous Estelle Visser.



**Above:** Caly Tolmay, queen of the dining room.



**Right:** Dafni Wright and Jen Michelson, with their magic green potion.



There are more pictures in the electronic edition's bonus pages.



**Above:** Jan Barrett did all the artwork on display.



# Why Yoga?

There is a lot of uncertainty, confusion or even mysticism surrounding yoga. When really it's a simple, effective and enjoyable way to keep your body and mind healthy.

Yoga means union or one. Yoga is the process of bringing together or the unification of the body and mind. Through a series of yoga postures, breathing exercises and relaxation techniques you learn to be more aware and feel a greater sense of calm and centeredness.

The yoga poses, the physical part of the practice, are designed to bring the body back into alignment, where the body is happiest and can function optimally. The flexibility of the spine is key to good health and agility and where all movement stems from. The main focus of yoga, physically, is the spine. The understanding of it's function, that it moves in two opposite directions from it's centre point, allows for freedom of movement to be felt through the whole body. In other words, the liberation of the upper body (the head, neck, arms, shoulders and abdomen) is produced by the acceptance of gravity in the lower

party of the body (hips, legs, knees and feet). When you practice yoga, you learn to break bad habits and re-educate the spine, bringing it back to it's original suppleness. When tensions leave, the body goes back to its original state, and balance is re-established.

Breathing is a natural function of the body but when you breathe on purpose you can affect both the body and the mind. Physically you can increase the lung capacity from, an average inhale which takes in around 500 cubic centimetres of air, to six times as much with a deep inhalation. The breath is raw energy. Every time you inhale you literally bring new life into the body and every time you exhale you clean the house, removing toxins. The breath is also what links the body and the mind and you to the present moment. By regulating the breath, you are able to calm the body, the nervous system, better control the mind and smooth out emotional disturbances.

Every yoga class finishes with conscious rest. Allowing the practice to integrate and your body and mind to re-set. Real rest is not to collapse but to undo

tension. Perhaps one of the greatest benefits of practising yoga is that it improves the quality of your sleep tenfold. Deep sleep is the ultimate practice of undoing. Restoring and bringing the body and mind back to health, which is its natural state.

There are so many reasons for "Why Yoga?". I hope at least one of them has inspired you to give yoga a try. There is no age limit; you can start yoga when 70 or 80 years old. When you work with your body and not against it there is ease of movement, and you regain confidence in your body and feel energised. Yoga should feel good. To stretch, twist and move around is fulfilling and enjoyable, like a body holiday. 🧘

Monika Hamilton Yoga – 072 511 8392





**CSI** Sales  
Rentals  
Property Management

Trustworthy Property Solutions

**\*Registered with the PPRA**

**011 805 6316**

**www.csi-euf.co.za**

**\*24 HOUR  
SECURITY**

RETIREMENT VILLAGES

## OLIVEDALE



**APARTMENTS.**

**1 BEDROOM FROM R6 500 pm**

**2 BEDROOMS FROM R8 500 pm**

**SIMPLEX:**

**2 BEDROOM FROM R11 000 pm**

**HOUSES:**

**3 BEDROOM FROM R12 000pm**

RETIREMENT VILLAGES

## DOUGLASDALE



**APARTMENTS.**

**STUDIO FROM R5 500 pm**

**1 BEDROOM FROM R6 500 pm**

**2 BEDROOMS FROM R8 500 pm**

**2 BEDROOM HOUSES**

**FROM R15 000 pm**

**RICKIE PRETORIUS**

**061 527 7625**

**rickie@csirentals.co.za**

**\*FRAIL  
CARE  
FACILITY**

**\*HAIR &  
BEAUTY  
SALON**

# Angels do exist and walk amongst us

I do believe Angels exist and I know there is at least one Angel in our village.

Hello. My name is Jennifer Michelson. I now live in unit 456. I use to live in unit 139, and the angel I refer to is my friend Jeanette Lucas, who lives in unit 122.

When my husband fell ill Janet visited me often to pray for my dying husband.

She would often bring her Yorkie "Darcy" to comfort me.

After the death of my husband, I moved into unit 456. Whilst there I had a cataract operation on both eyes. Jeanette came to see me each day for 6 weeks come rain and shine (and there was plenty of rain which she endured and got soaked) to put drops in my eyes.

To top it all, she came every day at 7am to walk my dog.

I bring thanks and praise to my Village Angel. Thank you, Jeanette, for being there for me in my darkest hours of need.

I dedicate this poem to all our angels living in our village.

## Earth Angels

*They live and walk amongst us—yet you would never know  
For their wings they never show.  
They don't come in a misty cloud  
Or flying down from the sky.  
For they live here on earth walking with you and I.*

*They are watching over us  
in more ways than I could count  
This is what they do - this is what they're about.*

*They lead us on the path of righteousness  
When we seem to be going astray  
And show us the light, to live a better way.*

*How many times have you felt something?  
Was de ja vu - not realizing the angel was  
Walking alongside of you.*

*We are all born with a guardian angel  
Which has been given to us by God above  
To show us faith, peace and love.*

*They work with the earth angels and  
Give them a report, so between the two  
Of them, our lessons can be taught.*

*Our earth angels are everywhere you go  
And which one is yours, that you'll never know.*

Poem by Louis Rams 🐰



## Word Search

There are 15 words hidden in this puzzle, 12 of which are listed. Words can be horizontal, vertical, or diagonal. They may even be backwards. No solution is provided. You can guess the topic! See p11.



## SHEPHERD'S

DISH

PECAN

PUMPKIN

PIE

KEY LIME

BERRY

MUD

PEACH

CHESS

CREAM

CHERRY



## Introduction to Tai Chi

Saturday 26th March Angelike Bartz presented the residents with an introduction to a Tai Chi work shop.

During the time she shared goals to help residents understand what Tai Chi is and how it can help improve breathing, circulation, strength, flexibility and concentration among all the other benefits available through Tai Chi training.

Angelike also used some basic movement and flow Qigong exercises in which we all participated. Then we got working on Tai Chi and did short forms that have smaller and slower movements.

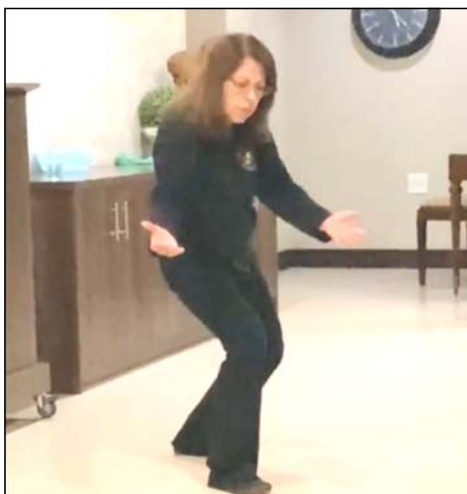
It was a great success and everyone who took part loved it.

Angelike Bartz is a specially trained, fully-qualified instructor.

Angelike will be giving Tai Chi classes every Saturday 3pm in the hall. The cost

will be R50 per session. There are no special requirements for the class. Just wear flat-soled shoes and loose, comfortable clothing. 🐾

Angie Moir



## Arthritis Presentation

A talk was given on arthritis in the Service Centre hall on Monday 14 March 2022, under the Auspices of the Health & Wellness Committee.

After being appropriately introduced, Gail Reith proceeded to “chat” (using this description in preference to a “presentation”) to an audience of more than 50 residents on the subject of “The Facts & Fallacies of Arthritis”. The chat was an hour long and was delivered in a very relaxed manner, without notes or visual aids, indicating that the speaker was an authority on her topic.

The question-and-answer period after the chat reflected the audience’s responsiveness to the very absorbing

content of the talk.

Booklets covering the subject matter were made available to all attendees at the end of the session.

A thank-you gift was presented to Gail in appreciation.

During the refreshment time that followed, Gail made herself at hand to answer any further enquiries on the issue of arthritis and regarding the health product she was marketing and which is aimed at providing relief from chronic pain caused by joint inflammation.

October 12 is World Arthritis Day. 🐾

Frank Peachey



## Rainfall report

According to my records, February 2022—with 255mm of rainfall—was not only the wettest February, but also the wettest month at Olivedale Retirement Village since inauguration on August the 1st 2014. The previous wettest month at ORV was January 2017 when 252mm was recorded.

ORV’S rainfall during the months November 2021 – February 2022

exceeded that of November 2020 – February 2021 by some 194 mm: refer table below. In fact, the November 2021 – February 2022 rains (784mm) were the highest for the four-month comparative period in the eight years that the Village has been in existence, the second highest being 722mm (November 2019 – February 2020). 🐾

Frank Peachey

### Summer Months (Rainfall in mm)

Cross over Years	November	December	January	February	Total
2021 / 2022	164	195	170	255	784
2020 / 2021	173	154	140	123	590
				Difference	194

## Aan elkeen wat lief is vir bejaardes

*Salig is jy wat my onvaste voetstap en bewerige hande verstaan.*

*Salig is jy wat weet ek my gehoor moet inspan om te hoor wat jy sê.*

*Salig is jy wat weet dat my oë dof geword het, en my gedagtes stadiger is.*

*Salig is jy wat wegkyk wanneer ek koffie op die tafel mors.*

*Salig is jy wat met ‘n vrolike glimlag ‘n rukkie verwyf om met my te praat.*

*Salig is jy wat nooit sê dat ek die storie al twee maal vandag oortel het nie.*

*Salig is jy wat verstaan dat ek dit geniet om die herinneringe van die verlede weer op te haal.*

*Salig is jy wat my laat voel dat ek bemind en gerespekteer is en nie alleen in die wêreld is nie.*

*Salig is jy wat weet dat ek dit moeilik vind om die krag te vind om my kruis te dra.*

*Salig is jy wat dit vir my maklik maak om die laaste skof van my reis aan te pak. 🐾*

## Coming Events

**The Music Quiz evening** will be held in the dining room on Saturday, 9 April at 18:00. R40 per person.

**Fashion Show:** On Monday, 11 April the Health and Wellness Committee will sponsor a fashion show. It will be in the ORV dining room at 15h00 and specialize in caftan type dresses. Tickets will be on sale in the library from 11h30 to 13h00 on Monday, Tuesday and Wednesday the 4th, 5th and 6th of April. R15 will cover the show and refreshments afterwards. See you there.

On the 23 April (to be confirmed), the **Men in Red** will be giving a concert in the hall or dining room at 18:00. Tickets will be available from Val Pearse (price to be announced). No ticket, no entry.

**Bingo** is held Wednesdays at 17:30 each week in the dining room. The price per board is R5. Have the correct change ready!!

**Tai Chi** classes are held in the hall every Saturday at 15:00. Remember to wear loose clothing. R50 per session.

# Crossword

Solution on page 11

- ACROSS**
- 1 Baking \_\_\_\_\_
  - 5 Skilled
  - 9 Head skin
  - 14 Track shape
  - 15 Singer \_\_\_\_\_  
Diamond
  - 16 Grinding tooth
  - 17 TV host Jay \_\_\_\_\_
  - 18 Transaction
  - 19 Wash away
  - 20 Symphony
  - 22 Restless
  - 23 Shoplift
  - 24 Lode load
  - 25 Winter toys
  - 29 Goober
  - 33 Small taste
  - 36 Radiated
  - 38 One (Sp.)
  - 39 Distinctive period
  - 40 Atlantic or Indian
- DOWN**
- 1 Performs alone
  - 2 Open to view
  - 3 Waltz, e.g.
  - 4 Honolulu greetings
  - 5 Ampersands
  - 6 Red vegetable
  - 7 One who fibs
  - 8 Singer \_\_\_\_\_  
Fitzgerald
  - 9 Smudged
  - 10 Eye part
  - 11 Oodles (2 wds.)
  - 12 Chaps
  - 13 The hunted
  - 21 French female
  - 24 Kitchen gadget
  - 26 Showed feelings
  - 27 Gambling cubes
  - 28 Make tea
  - 30 Loony
  - 31 Single thing
- 41 Can metal
  - 42 Bathroom rug
  - 43 Pittsburgh footballer
  - 45 Pig's pad
  - 46 Take a breath
  - 48 Danger
  - 50 Writing tablet
  - 51 Squads
  - 55 Pub mug
  - 58 Empire State  
Building's locale
  - 62 Televised
  - 63 Tibet's continent
  - 64 Whetstone
  - 65 Pie portion
  - 66 Religious group
  - 67 "The Diary of \_\_\_\_\_  
Frank"
  - 68 Guide
  - 69 Capture
  - 70 Tragic king

1	2	3	4		5	6	7	8		9	10	11	12	13
14					15					16				
17					18					19				
20				21						22				
23									24					
			25		26	27	28		29			30	31	32
33	34	35		36				37				38		
39					40							41		
42				43						44		45		
46			47				48			49				
			50							51		52	53	54
55	56	57				58	59	60	61					
62						63					64			
65						66					67			
68						69					70			

# Sudoku

Solution on page 11

<b>7</b>		<b>3</b>			<b>4</b>			<b>5</b>
					<b>3</b>	<b>7</b>	<b>1</b>	<b>4</b>
	<b>5</b>	<b>4</b>			<b>1</b>		<b>3</b>	
				<b>5</b>	<b>3</b>		<b>1</b>	<b>8</b>
	<b>3</b>			<b>1</b>		<b>8</b>		<b>7</b>
					<b>9</b>		<b>4</b>	
							<b>6</b>	
	<b>4</b>	<b>1</b>	<b>3</b>					<b>9</b>
	<b>9</b>		<b>8</b>					<b>7</b>





# The Knitting Circle



Above: Norma Acutt



Above: Fienie van der Merwe



Above: Geraldine Matthews

Some of us often see and hear of the circle of ladies who knit and crochet blankets, beanies, teddy bears, jerseys, and other woollen items for donation to the needy. For instance, the teddy bears are given to the police service to give to comfort abused children in their temporary care. The blankets go to orphanages.

Little time is spent by us pondering what goes into the making of these knitted and crocheted articles and the quantity of the donations made so far.

So, here we salute these people who put in hours of time into this effort and

give a brief review of what has been achieved so far.

The knitting circle was started by Norma Acutt (unit 358) in September 2014 and she still supervises the operation. The number of members of the group has varied over the years from twelve at one stage to the current group of eight members.

Here is the punch!

The number of blankets produced and donated so far is in excess of 2500!

The number of beanies produced and donated so far is in excess of 1000!

The number of jerseys and other

woollen products donated so far is unknown but is at least 500!

The above is an eye opener of note which should make us all sit up and think: Can we, who are not in the circle, contribute and, if so, how? This can be done by

Joining the circle and knitting. This might not appeal to the men though!

Donating wool. They are in desperate need of double ply wool and donations. Donations can be in any quantity, big or small. This the men can also do.

A hearty round of applause then for these Village knitting angels! 😊 🧶

## Recipe of the month

### Pineapple condensed milk tart

This easy to prepare recipe, will be a sure fire hit with family and friends.

Preparation time:

10 minutes

Resting time

2 hours

Ingredients:

- 1 readymade pie crust
- 1 tin condensed milk
- 300 ml cream
- 1 can crushed pineapple
- ½ cup lemon juice

Instructions:

Mix the condensed milk and lemon juice in a bowl.

Drain the juice from the crushed pineapple and mix it into condensed milk.

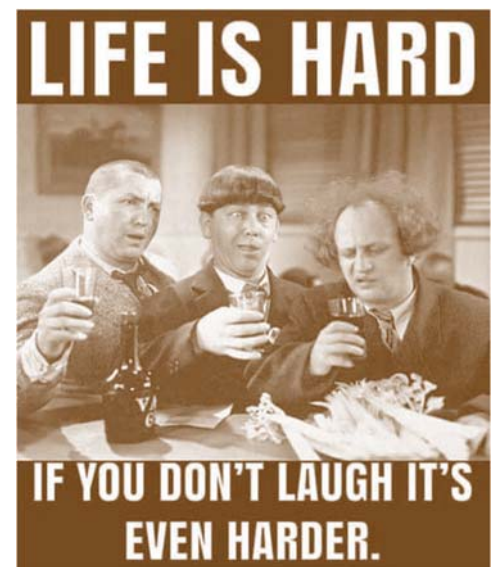
Whip the cream stiffly and fold slowly into the mixture.

Pour into crust and refrigerate for two hours.

Decorate with berries, pineapple or the topping of your choice.



I nowadays find myself thinking back to when "a hip joint" meant somewhere I wanted to go to on a Friday night.



We grew up an era where everybody flocked to Grandma's, Aunt's and Uncle's houses. Nowadays kids don't even know their cousins.

## Some Origins of Common Expressions and Words We Bet You Did Not Know

There is an old Hotel/Pub in Marble Arch, London, which used to have gallows adjacent to it. Prisoners were taken to the gallows (after a fair trial of course) to be hanged. The horse-drawn dray, carting the prisoner, was accompanied by an armed guard, who would stop the dray outside the pub and ask the prisoner if he would like "ONE LAST DRINK". If he said YES, it was referred to as ONE FOR THE ROAD. If he declined, that prisoner was ON THE WAGON. So, there you go. More bleeding history.

They used to use urine to tan animal skins, so families used to all pee in a pot and then once a day it was taken and sold to the tannery. If you had to do this to survive you were "piss poor", but worse than that were the really poor folk, who couldn't even afford to buy a pot, they "Didn't have a pot to piss in" and were the lowest of the low.

The next time you are washing your hands and complain because the water temperature isn't just how you like it, think about how things used to be in England. Here are some facts about the 1500s.

Most people got married in June, because they took their yearly bath in May and they still smelled pretty good by June. However, since they were starting to smell, brides carried a bouquet of flowers to hide the body odour. Hence the custom today of carrying a bouquet when getting married.

Baths consisted of a big tub filled with hot water. The man of the house had the privilege of the nice clean water, then all the other sons and men, then the women, and finally the children. Last of all the babies. By then the water was so dirty you could actually lose someone in it. Hence the saying, "Don't throw the baby out with the bath water!"

Houses had thatched roofs, thick straw

piled high, with no wood underneath. It was the only place for animals to get warm, so all the cats and other small animals (mice, bugs) lived in the roof. When it rained it became slippery and sometimes the animals would slip and fall off the roof. Hence the saying "It's raining cats and dogs."

There was nothing to stop things from falling into the house. This posed a real problem in the bedroom, where bugs and other droppings could mess up your nice clean bed. Hence, a bed with big posts and a sheet hung over the top afforded some protection. That's how canopy beds came into existence. The floor was dirt. Only the wealthy had something other than dirt. Hence the saying, "dirt poor."

The wealthy had slate floors that would get slippery in the winter when wet, so they spread thresh (straw) on floor to help keep their footing. As the winter wore on they added more thresh until, when you opened the door, it would all start slipping outside. A piece of wood was placed in the entranceway. Hence: a thresh hold.

**Getting quite an education, aren't you?**

In those old days, they cooked in the kitchen with a big kettle that always hung over the fire. Every day they lit the fire and added things to the pot. They ate mostly vegetables and did not get much meat. They would eat the stew for dinner, leaving leftovers in the pot to get cold overnight, then start over the next day. Sometimes stew had food in it that had been there for quite a while. Hence the rhyme: "Peas porridge hot, peas porridge cold, peas porridge in the pot, nine days old".

Sometimes they could obtain pork, which made them feel quite special. When visitors came over, they would hang up their bacon, to show off. It was a

sign of wealth that a man could, "Bring home the bacon." They would cut off a little to share with guests and would all sit around talking and "chew the fat".

Those with money had plates made of pewter. Food with high acid content caused some of the lead to leach onto the food, causing lead poisoning and death. This happened most often with tomatoes, so for the next 400 years or so, tomatoes were considered poisonous.

Bread was divided according to status. Workers got the burnt bottom of the loaf, the family got the middle, and guests got the top, or "The Upper Crust".

Lead cups were used to drink ale or whisky. The combination would sometimes knock the imbibers out for a couple of days. Someone walking along the road would take them for dead and prepare them for burial. They were laid out on the kitchen table for a couple of days and the family would gather around and eat and drink and wait and see if they would wake up. Hence the custom of "Holding a Wake".

England is old and small and the local folks started running out of places to bury people, so they would dig up coffins and would take the bones to a bone-house and reuse the grave. When reopening these coffins, 1 out of 25 coffins were found to have scratch marks on the inside and they realised they had been burying people alive. So, they would tie a string on the wrist of the corpse, thread it through the coffin and up through the ground and tie it to a bell. Someone would have to sit out in the graveyard all night (the graveyard shift) to listen for the bell; thus someone could be, "Saved by the Bell" or was considered a "Dead Ringer".

And that is all the truth. Now, whoever said history was boring! So, get out there and educate someone! 🐰

*Author unfortunately unknown*

### **Eating in the Fifties**

**Pasta had not been invented. It was called macaroni or spaghetti.**

**Curry was a surname.**

**A takeaway was a mathematical problem.**

**Pizza? Sounds like a leaning tower or something.**

**All chips were plain.**

**Oil was for lubricating, fat was for cooking.**

**Tea was made in a pot using tealeaves and never green.**

**Cubed sugar was considered posh.**

**Chickens didn't have fingers.**

**None of us had ever heard of yoghurt.**

**Healthy consisted of anything edible.**

**Seaweed was not a recognized food.**

**"Kebab" was not even a word, never mind a food.**

**Sugar was then getting a good press and was considered white gold.**

**Prunes were medicinal.**

**Surprisingly, muesli was available. It was called cattle feed.**

**Water came out of a tap. If someone had suggested bottling it and charging more than for petrol for it, they would have become a laughing stock.**

**The one thing they never ever had on or at our table in the fifties were elbows, hats and cell phones.**

★★★★★



**Articles for Submission**  
 Submissions for inclusion in the Olive Branch can be sent directly to the Editor or emailed to:  
 olivebranch@olivedalerv.co.za  
 Submissions should be in Word format with separate photographs. Hand-written submissions will also be accepted.  
 The deadline is the 20th of each month or the preceding business day if over a weekend or public holiday. Acceptance of articles will be subject to date of submission, space constraints and suitability for publication.

**Advertising Rates for 2022**

- Published monthly - format is A4 portrait.
- Circulation: 400 black-and-white printed copies.
- Full page: R800-00
- Half page, *landscape only*: R400-00
- Quarter page, portrait: R200-00
- Strip Ads across bottom of page: R100-00 (3cm high)
- Small advertisements and notices R15-00 (size subject to space availability. Size generally is about 6,5 X 4.5cm)
- **Submissions by 20th of each month or preceding business day, if over a weekend or on a public holiday.**
- Contact Nicole on 010-596 5497 to place advertising.

**For Sale and Services**



**Craig's transport**

Safe, reliable, and affordable transport to all destinations.

For all transport bookings, except in emergencies, kindly arrange in advance (at least 24hrs) via Apartment 544 extension 5402 or on WhatsApp (082 922 6067)  
 Glanville Craig



**Editorial Contacts**  
**Editorial Committee**

Angie Moir, *Editor*  
 Frank Peachey  
 James Halley  
 Elaine Little

**Advertising**

Nicole Mulder

**Village Management**

Chris Heyneke

**Responsible Director**

Phil Hall

**Word Search:** You guessed it! The answer is pies! 😊

**Disclaimer**  
 The articles and ideas published in this newspaper are those of the authors and do not necessarily reflect the views of the Olive Branch Editorial Committee or the Olivedale Home Owners' Association NPC

**OLIVE'S BACK UP BUDDIES**

Do you need help with opening that bottle, or moving a piece of furniture, or perhaps it's a jersey or gown that you struggle to put on?

We are offering a free service to help you with these small issues.

Call on Angie or Glan Unit 544 ext. 5402

Cell number : 079 888 7521



**Crossword solution**

1	S	O	D	A		A	B	L	E		S	C	A	L	P
14	O	V	A	L		N	E	I	L		M	O	L	A	R
17	L	E	N	O		D	E	A	L		E	R	O	D	E
20	O	R	C	H	E	S	T	R	A		A	N	T	S	Y
23	S	T	E	A	L						O	R	E		
					S	L	E	D	S		P	E	A	N	U
33	S	I	P			E	M	I	T	T	E	D		U	N
39	E	R	A			O	C	E	A	N				T	I
42	M	A	T			S	T	E	E	L	E	R		S	T
46	I	N	H	A	L	E				P	E	R	I	L	
					P	A	D							T	E
55	S	T	E	I	N					M	A	N	H	A	T
62	A	I	R	E	D					A	S	I	A		H
65	S	L	I	C	E					S	E	C	T		A
68	S	T	E	E	R					T	A	K	E		L

**Sudoku Solution**

7	1	3	9	6	4	8	2	5
9	6	8	2	5	3	7	1	4
2	5	4	7	8	1	9	3	6
4	2	9	5	3	7	1	6	8
5	3	6	1	4	8	2	7	9
1	8	7	6	9	2	4	5	3
3	7	5	4	2	9	6	8	1
8	4	1	3	7	6	5	9	2
6	9	2	8	1	5	3	4	7



# More of the Irish evening



**Above:** Check out this lot! They were really in the spirit of things. From l to r, Tom Addison, Barbara Hadden, James Halley, Easvarie Naidoo, Denise Eatwell, Pam Naidoo, and Rose Potter.



**Above:** Lesley Fox serves the Irish coffees. (The cream was too thick to pour properly.)



**Above:** The Wild Rovers.



**Above:** Tom Addison and Pam Naidoo take to the floor .



**Above:** from l to r, Joan Schieber, Joan Viljoen and Eileen Birk.





# More of the Birthday Tea



**Above:** middle and right: Clive and Delores Egerton, with a friend.



**Above:** Lorna and Krish Madurai. Both celebrated their birthdays in March.



**Above:** Rohna Mallinck (left), Rosemary Potter (right)



**Above:** Bruce and Delores Magic, Mogie Moodley and Savy Naidu.



**Above:** from l to r: Trudy Britton, Hentie and Jean Erasmus.





# More Saint Patrick's Day lunch



**Above:** The one and only Malcolm and Lesley Fox.



**Above:** Jen Michelson, Frank Peachey, Rio Schmidt, and Merrill Peachey.



**Above:** Pat Potter and Ernest Walker .



**Above:** Maureen Heyes and Tsepho "Lion" Mohanoe .



**Above:** Dorothy Evans



**Above:** Another Jan Barrett masterpiece.



· HAPPY ·  
**Easter**

## OLIVEDALE RETIREMENT VILLAGE

2 bedroom / 1 bathroom / single garage / simplex  
R1 600 000

2 bedroom / 1.5 bathroom / single garage / simplex  
R1 980 000

2 bedroom / 2 bathroom / storeroom / single garage  
simplex - R1 950 000

2 bedroom / 1 bathroom / apartment  
R1 200 000

1 bedroom / bathroom / apartment  
R700 000

1 bedroom / 1 bathroom / apartment  
R820 000

**Ruan Erasmus**  
071 481 6199  
ruan@csisales.co.za

